

MMSOD TIMETABLE 2026

Monday

	Studio 1		Studio 2
3.45pm	Groovers Ballet - Michelle	4.00pm	
4.30pm	Groovers Jazz - Michelle	5.00PM	
5.15pm	Teen Contemporary - Michelle	5.30pm	
6.15pm	Teen Lyrical Troupe - Hayley	6.30pm	Pre Senior/ Senior Tap- Michelle
7.15pm	Pre/ Senior Lyrical Troupe - Hayley	7.15pm	Teen Ballet Barre / Pointe – Kate
8.15pm	Pre/ Senior Contemporary - Kate	8.15pm	
9.15pm			

Tuesday

	Studio 1		Studio 2
3.45pm	Sub Junior Ballet- Michelle	9.30am	Preschool (4yrs-5yrs) - Michelle
4.30pm	Sub Junior Jazz- Michelle		
5.15pm	Teen Ballet - Michelle		
6.15pm	Teen Jazz - Molly	6.15pm	Pre- Senior Technique- Michelle
7.15pm	Pre /Senior Open Jazz – Lara/ Molly	7.15pm	Teen MT- Michelle
8.15pm	Pre-Senior Musical Theatre - Lara	8.15pm	

Wednesday

	Studio 1		Studio 2
3.45pm	Pre-Teen Ballet- Michelle	4.45pm	Groovers Acro- Michelle
4.45pm	Pre-Teen Hip Hop- Tuscany	5.15pm	Groovers Tap- Michelle /Tuscany
5.15pm	Pre-Teen Jazz-Molly	5.45pm	Senior Ballet Barre Technique- Michelle
6.15pm	Senior Lyrical /Technique- Michelle		
7.15pm	Senior Jazz- Erin		
8.15pm	Senior MT- Erin		

Thursday

	Studio 1		Studio 2
3.45pm	Junior Ballet - Michelle	9.30am	Twinkle Toes 3-4yrs- Michelle
4.30pm	Junior Jazz - Michelle		
5.15pm	Teen Hip Hop - Zoey	5.15pm	Junior / Pre-Teen Tap - Michelle
6.00pm	Pre-Senior Hip Hop - Zoey	6.00pm	Teen Technique - Michelle
7.00pm	Pre-Senior Contemporary Troupe - Kate	6.45pm	Teen Tap - Michelle
8.00pm	Pre-Senior Ballet - Michelle	7.30pm	
9.00pm			

Friday

	Studio 1		Studio 2
		9.30am	
3.45pm	Sub Junior Contemporary - Michelle	4.15pm	
4.30pm	Sub Junior/ Junior Acro - Michelle		
5.15pm	Sub Junior Tap - Michelle		
5.30pm		7.30pm	

Saturday

	Studio 1		Studio 2
9.00am	Senior /Pre Senior Troupe Jazz - Erin	8.45am	Petites- Ballet Jazz Tap (Kindergarten) - Michelle
10.00am	Senior / Pre senior Troupe Contemporary - Erin	10.00am	Sub Junior Troupe- Michelle
11.00am	Teen Jazz Troupe - Erin	11.00am	Senior / Pre-Senior Acro - Nicole
12.00pm	Teen Contemporary Troupe- Erin	12.00pm	Pre-Teen / Junior Acro - Nicole
1.00pm	Pre-Teen / Junior Contemporary - Michelle	1.00pm	Teen Acro - Nicole
2.00pm	Pre-Teen / Junior Technique Ballet - Michelle	2.00pm	
2.30pm			

MMSOD Classes Per Age Group

TWINKLE TOES- 3-4 years	THURSDAY- Ballet/Jazz
PRESCHOOL- 4-5 years	TUESDAY Ballet/ Jazz/ Tap
PETITES- 5-6 years	SATURDAY- Ballet/ Jazz/ Tap
GROOVERS- 7-8 years	MONDAY- Ballet/ Jazz WEDNESDAY- Acro/ Tap
SUB JUNIORS- 8-10 years	TUESDAY- Ballet/ Jazz FRIDAY- Contemporary/ Acro/ Tap SATURDAY- troupe
JUNIORS- 10-11 years	THURSDAY- Ballet/ Jazz/ Tap SATURDAY- Acro/ Contemporary/ Technique
PRE TEEN- 12-13 years	WEDNESDAY -Hip Hop/ Jazz/Ballet THURSDAY- Tap SATURDAY- Acro/ Contemporary/ Technique
TEEN- 13-14 years	MONDAY- Contemporary/Lyrical/Pointe TUESDAY- Ballet/ Musical Theatre/ Jazz THURSDAY- Hip Hop/ Technique/ Tap SATURDAY- Acro/ Jazz Troupe/ Contemporary Troupe
PRE SENIOR- 14-16 years	MONDAY- Tap /Lyrical Troupe/ Contemporary TUESDAY- Technique/ Jazz/ Musical Theatre THURSDAY- Hip Hop/ Contemporary/ Ballet SATURDAY- Jazz/ Contemporary Troupe/ Acro
SENIOR- 16+ years	MONDAY- Tap / Lyrical Troupe/ Contemporary WEDNESDAY- Pilates/Ballet/ Lyrical/ MT/ Jazz SATURDAY- Jazz/ Contemporary/ Acro

- Please note, Ballet or Technique classes are required for Contemporary,Jazz or Musical Theatre classes.
- Ballet / Technique and Acro classes are required for Troupe classes.